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Someone has said "Occupation is one great source of enjoyment. No man properly occupied, was ever miserable". If this is true you will realize that at least your friends at S.P.H.E. are not miserable. When you have read the News Letter you may even know that we are all happy, staff and students alike, because we have certainly been occupied, although whether "properly" or not may be a debatable question.

#### Health's A-Poppin'

"One of the best collegiate revues in 10 years, bar none, breezed easily into Hart House Theatre on the wings of a heavy show-storm last night and promises to play to capacity audiences for the remaining two days of its run." So wrote the Evening Telegram after the opening night of "Health's A-Poppin'" on February 4th. Harry Rasky of The Varsity also gave the show an excellent review. The News-of-the-School reporter was a little more critical, but there were many numbers to praise. Outstanding were the "Buttons and Bows" dance by Al Affleck, Ed Fisher and John Davies following the same dance done by Betty Moore, Timmy Martin and Ruth Pullan; Peter and the Wolf, done in pantomime, and of course Al Goodman as Durante. As The Varsity said, "By now we think Al Goodman does Durante better than Durante." The gymnastic displays by John Laxton and George Nick, Ken Tulley and Al Goodman were breath-taking and the musical numbers were well done and a welcome change from the skits. They were colourful, "musical and soothing". The students worked very hard and are to be congratulated. It was estimated that 160 of them took part in some way or other. Jack Life directed the revue and Diana Burns was the co-ordinator.

#### Health's A-Hoppin'

The new name for the P.H.E. At Home! This was held at the Boulevard Club down on the Lake Shore and was one of the most successful in the history of the School, according to all reports. The decorations were unique. In addition to a large sign bearing the name "Health's A-Hoppin'" over the orchestra, there were small cards on the chairs around the walls, each one marked either ☺ or ☹. Get someone in Zoology to interpret these for you if you do not understand! During the intermission, there was music by the Health's A-Poppin' chorus, the II Year chorus, and by Betty Johnston and Cam Bell of I Year. There were speeches by Dr. Ryerson, who is retiring this year and by Dr. Cates who is succeeding him. Dr. Ryerson spoke of how much he had enjoyed working with the School and how glad he was to see the course succeed. He reminded us that we are pioneers in positive health. Dr. Cates, in speaking of the P.H.E. students, said, "It takes them 10 minutes to get in to a class and 10 minutes to quiet down. It takes me 10 minutes to persuade them the hour is not up and they take 10 minutes trying to persuade me that it is".

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You will know now that Dr. Ryerson is leaving us this year after 47 years with the University of Toronto. Miss Somers also is retiring after 40 years of teaching 16 of which were spent in Toronto. There will be more about them and their careers in our next issue, but you will want to hear right now about the luncheon President Smith gave in their honour. It was held at the York Club and was a very pleasant, informal affair. Dr. Smith paid a real tribute to Miss Somers and to Dr. Ryerson.

A reminder! FIRST ANNUAL MEETING of the School of Physical and Health Education ALUMNI ASSOCIATION, APRIL 18th, 11:00 a.m., at the Ontario College of Education, Room #381.

P.H.E. graduates will all be interested to know that the following have been elected as the Executive for the new Alumni:

President	- Bob McAdam	4T7
1st Vice-President	- Barry Lowe	4T8
2nd Vice-President	- Peggy McVey Jones	4T8
Corresponding Secretary	- Margaret Fairley	4T6
Recording Secretary	- Elizabeth Hopkins	4T6
Treasurer	- Paul Volpe	4T6
Librarian	- Dave Saunders	4T8

The Women's Athletic Banquet was held as usual at the Royal York, on March 16th. "The say" the dinner was delicious, hot and tasty and colourful with the red and white dessert in honour of U.C. The guests included Principal Taylor of University College Dr. Ryerson, Miss Forster, Dr. Francis Stewart of the Health Service, Miss Ferguson, Miss Parkes, Professor Humphrey of U.C., the representatives of various faculties and the coaches of the different teams. The speaker of the evening was Mr. J.A. Edmison, K.C., whose address on conditions in England and Europe as he saw them recently was very much enjoyed. To speak as modestly as we can and still give you the facts, our girls won the basketball, badminton, softball, hockey, volleyball, swimming and golf, that is everything except tennis, skiing and bowling. And Anne Sharp, I Year, won the Proudfoot Cup in skiing. Anne Bradshaw, Jane Cloke, Betsy McPaul, Gwen Smith, Ferné



Watson, Ruth Pullan all won their senior T's and Anne Sharp won hers deferred. The Banquet was organized by Lillian Laakeo, Athletic Director of U.C. women and Anne Bradshaw, P.H.E. representative.

The Men's Athletic Banquet was held at Hart House on March 26th. Most of our information about this event has been culled from the Programme and Menu Card! There we learn that P.H.E. won the Basketball Intramural Championship in the major league and the tennis. Bill Givens 4T8, now at O.C.E., and Art Anderson won the golf and tennis individual championships respectively. In case you are interested, we counted the following numbers of P.H.E. men, including those at O.C.E. who were members of the various intercollegiate teams either as players or managers: Football 13, Tennis 2, Golf 1, Track 2, English Rugby 1, Swimming 2, Gymnastics 1, Hockey 4, Basketball 7, Boxing 3, Wrestling 4. Art Anderson was chairman of the Dinner Committee and Bob Henry 4T8 a member.

#### TUNICS

Women graduates may secure regulation P.H.E. gym. tunics and panties to match from:

Mrs. Mary Donald,  
The School Girls' Shop, Dept. 211,  
The T. Eaton Co.,  
Toronto 1, Ontario.

Tunic - \$7.95, Panties - \$1.79

#### THE MARGARET EATON SCHOOL ALUMNAE ASSOCIATION BURSARY FUND

Our Theatre Night on March 22nd turned out to be the biggest Toronto alumnae reunion in many a day. Graduates from practically every year, seeing friends they hadn't seen for five, ten, twenty years. Miss Hamilton, Miss Somers, and Miss Layton were there - and later Dora Mavor Moore - quite surrounded and looking as thrilled as we all felt.

One particularly "topical" part of the Revue was a physical education skit including mention of M.E.S.!

A very pleasant evening, and a financial pleasure, too. We collected \$135. to add to the Bursary Fund.

The out-of-town members have bolstered that amount, but there are still a great many we have not heard from. Already we have close to \$400. towards the permanent fund which will establish the bursary on a self-perpetuating basis. We need about \$2000. of capital fund to create this permanent bursary. If all the members of the Alumnae who have not already contributed this year, would send in a couple of dollars (more or less!) to-day, we would have collected nearly one-half of our objective. In the two years since its start, I feel that this would be a record we could all be proud of.

Let's make it a reality!

Isabel Callan Macdonald

#### THE MARGARET EATON SCHOOL ALUMNAE ASSOCIATION

##### ANNUAL DINNER

Wednesday, May 11th, 6:30 p.m. at the Granite Club

GUEST OF HONOUR - MISS SOMERS

Tickets \$2.75

#### FROM OUR MAIL BAG:

Joan Baillie 4T8 writes of her work in the Southwestern Branch of the Y.M.C.A., Verdun, Quebec, the "Family Y". She says: "My work at the Y.M.C.A. is very interesting and I learn something new every day. I am teaching a great variety of activities including swimming, basketball, gymnastics and dancing, badminton and crafts, which Phys.Ed. did not train me in. However we are doing shell work and I am learning and teaching at the same time. We have a grand staff here and they are always willing to help us with any problems which may appear. We are putting on a large spring demonstration and show in April, which I am helping to organize. Benefitted a great deal by my job in Health's A-Poppin' last year....Peg McVey Jones and I see quite a lot of each other and have a grand time talking over our college days and bringing each other up-to-date on the news of our classmates at O.C.E. I saw the Toronto-McGill basketball game on Saturday and had a grand talk with Nick Volpe, Johnny Laxton and George Cass. It is really wonderful seeing people from Toronto, especially Phys.Ed."

Frances Caisley who teaches in Baltimore, Maryland, writes of her life in the south. We thought you would be particularly interested in what she tells of her work. We quote: "It is always good to get news of the School. I wish I were closer so that I might drop in often. I enjoyed Miss Hamilton's report of her visit to Switzerland. Reading the letters of the graduates I knew is a real pleasure. It is nice to know where they are, and what they are doing....We are doing a great deal of square dance



at our school just now. In fact at our annual faculty dinner this year we had a grand square dance party afterwards. Lots of fun. There are some fine records for these, some with and some without the calls.

I wonder if anyone there is interested in the testing and grouping programme for Physical Education students! For several years now I have been a member of the course of study committee for physical education in the secondary schools. Formerly we placed our students into groups for achievement tests according to height, age and weight. That is, height in inches, weight in pounds, and age in months. The grouping was then by individual total--224 and less, 225 to 249, 250 to 274, and so on up to 400 and over. Some of us were concerned over the over-age and overweight girls, who were required to do harder things than the younger, lighter girls. These girls, due to their lack of ability received poor marks in our subject, hence lost interest. We became pioneers, perhaps, and tackled a job that is taking us years to complete, if ever. Anyway the present set-up is a physical ability test - three activities, which seem to cover most movements, a possible total of 15. Those with a score of 12 and over are the "A" group, 8-11 the "B" group and 7 or less in "C" group. (This placement is similar to the mental test placement of X,Y,Z, used here.) The work is then graded for these groups so that each girl is marked according to classification and the "C" groups have the same opportunity to get a mark over 90 as the "A" group girls. Many of them do. Hope you understand all this and that it has not bored you too much. It is just possible that it may interest someone. I am keenly interested in it and feel proud of the fact that I was chosen on the committee to work it out. This is a very brief report of it....We like the way it is working out and have tested thousands of children, for our surveys. My school is a busy place. So many pupils buzzing around all the time, it is like a bee-hive. The student population is over 2300, about 1200 girls - two women teachers. It is a beautiful school and very well equipped. We are getting ready for an operetta in the spring, and one of the dances I am teaching comes from my notes at good old M.E.S."

Miss Somers had an interesting letter from Cecilie Swanson in February. She wrote: "The cold weather and the snow have gone - and the rains cometh! - personally I like the snow but of course it has been very serious and the power shortage has really been something. However, we are all back to normal again. The snow has all disappeared and it is as warm as can be....Betty (Blakeney) and I are just recovering from the inter-private school basketball tourney last week-end. There were the six schools, Strathcona, St.Margaret's, Norfolk, Crofton, Queen's Hall and York House. Betty's team, Crofton, won the shield. We should have been second but we lost an extra game-so we were third!....We had Margaret Ross help us referee - she is at West Vancouver High School.....I leave April 8th till the 24th for Banff and into Mt. Assiniboine. It is a 25-mile ski trek in one day, but well worth it! The skiing there is wonderful and the scenery is marvellous. Mt.Assiniboine is called the "Matterhorn of the Rockies and is similar to the Matterhorn and is over 11,000 feet. The lodge is at the base of it and looking at the mountain and all its beauty makes you feel very small and humble."

#### NEW M.E.S. AND S.P.H.E. GRANDCHILDREN:

##### Born:

To H.W.Beatty 4T9 and Mrs.Beatty on February 10th, a son.

Oh March 27th,1949 to Mr.and Mrs.Lorne Clayton 4T4, twin daughters, Wendy Anne and Susan Elizabeth.

To Bob and Ursula Forbes Kasting, a daughter, Colleen Ann, on March 28th.

To John and Peggy Stewart Cawley, a daughter, Ann, on March 19th.

To Art Wilson 4T9 and Mrs.Wilson on February 14th, a son, Christopher.

#### NEWS NOTES:

Miss Jackson conducted a class in Social Games and Dancing For Fun at the 23rd Annual Recreation Leadership course of the Hamilton Y.M.C.A., Saturday afternoon March 26th. All the Recreation groups in Hamilton had representatives at this course except the Playground Department which had a course of its own at the same time.

Friends of Miss Slack will be very sorry to learn that she slipped on the ice and broke her ankle early in March. She gets around on crutches with the agility of a physical educationist, and is taking her classes as usual.

Mr. Griffiths conducted the Conference of Canadian Provincial Directors of Swimming at Water Safety for the Canadian Red Cross Society, held in Toronto recently. He was appointed Honorary National Director of Swimming and Water Safety for the Red Cross and was also re-elected President of the Royal Life Saving Society.

Mr. Stevens attended the Annual Meeting of the Canadian Intercollegiate Union in Kingston in March.

Mr. McCutcheon gave a paper on "Intramural Trends in Canada" at the annual convention of the American College Physical Education Association, which met in Chicago, December 27th and 28th. You may read this, and it's worth reading, in the last issue of the C.A.H.P.E.R. Bulletin.

WHICH REMINDS US, HAVE YOU PAID YOUR MEMBERSHIP FEE FOR THE C.A.H.P.E.R.? Send \$2.00 to Mr. E.T.Tyler, Y.M.C.A., Brandon, Manitoba.



Mr. Chetwynd took part in the invitation badminton competition recently held at the Granite Club. While we regret to say that he was eliminated in the first round, we are sure that he enjoyed the game!

Warren Clayson 4T8 of the Men's Department, put on an excellent demonstration in Swimming and Water Safety for the provincial directors at the recent conference. He used 40 volunteer instructors with canoes and paddle-boards.

Barry Lowes 4T8, also of the Men's Department, assisted the Provincial Department of Physical Education this winter, by holding basketball clinics in different places in northern Ontario.

Betty Anderson-Fitz-Gibbon was in recently and we were glad to hear that her baby is very much better. The Fitz-Gibbons are living in Sarnia, or thereabouts.

Mary Barker has been appointed to the National Staff of the Young Women's Christian Association as Health Education Secretary. At present Mary is making an excellent recovery from an emergency appendectomy, but by the time you read this she will be back at work. She enjoyed her convalescence at the Oshawa Y.W.C.A. where Bess Pitt and Grace Richer made things very pleasant for her.

Stan Barbour 4T8 is director of recreation for the town of Brampton, Ontario.

Molly Beley writes: "I recently spent a very pleasant evening with Pauline Seller Hill. She is well and happy but very busy with camping work. My work here is keeping me very occupied and in April we hope to put on a small demonstration." Later news tells us that Molly has had to give up her work in the Regina Y.W.C.A. because of the illness of her mother.

Do any of you listen to "Bernie Braden tells a story" over C.B.L., daily except Saturday and Sunday, at 2:00 p.m.? On this programme stories by Canadian authors are read, and one of our M.E.S. graduates was quite thrilled to hear a story written by Joyce Bertram. Could it be Joyce of the class of '41? It could and was, a story called "Golden Apples". Congratulations, Joyce.

Anne Bradshaw and Alice Entwistle, both 4T9, are sailing for England on May 17th, where they will teach swimming at Filey Camp near Scarborough in Yorkshire, June, July and August.

Dorothy Buck is a physical therapist at Bellevue Hospital, New York.

Bessie Bunker Barrett, Mr. Barrett and their two children spent the summer last year in England and had a wonderful time.

Isabel Callan Macdonald, Mr. Macdonald and the two boys, have moved to Meadowvale where they are enjoying country life. Their address is R.R. #3, Streetsville.

Helen Card ex-'33 and her sister who is a trained nurse, have a very successful nursing home in Parkdale.

Jack Eilbeck 4T6 has been appointed director of recreation for the town of Leaside, duties to begin April 4th.

Margaret Fairley 4T6 is teaching at the Vaughan Road Collegiate Institute.

It was nice to hear from Helen Fiebig Bennett early in February. Helen and her husband are living in St. James, Manitoba now and Helen is very active in the Y.W.C.A.. She is a member of the Board and convener of the Health and Physical Education Committee. Helen says: "I am also a representative from the 'Y' to the Council of Social agencies for the city (recreational division). We meet once a month at a luncheon meeting. This committee helps to plan the recreation for the city, through the different organizations and community clubs. We have a guest speaker every month, and it is usually a person who is well up in the field of Physical Education."

Bruce Forsythe 4T8 was married on February 15th to Miss Jean Lavery of the Red Cross.

Laura Graham Carroll writes that she is teaching at the Highland Park Y.M.C.A. in Brooklyn, N.Y., a "small, very friendly branch and one of the few that sponsors a girls' and women's department."

Jim Gray 4T8 has joined the R.C.A.F. as of March 28th with the rank of Officer Cadet.

Through Helen Fiebig Bennett, we have learned that Phyllis Hammill Mansley has moved to Victoria, B.C.

A letter from Bill Hare 4T7 tells of his work as Recreation Director for the town of St. Marys. He says: "Our programme consisted chiefly of the following activities; Children's Story Hour, Ski Club, Badminton, Basketball, Gym programmes, Little Theatre groups, and a series of adult education lectures from Western University as well as the regular sports for the Collegiate and public schools. We also helped to run the special events sponsored by the Rotarians and Lions and Home and School Associations, such as Halloween and Christmas parties. Our Junior and Juvenile basketball teams are now in the Ontario Finals having won the London and District championships." Late word tells us that Bill is bringing his Junior team to Brampton on April 9th for the Ontario Championships. Bill seems to be enjoying his work very much.

Mary Hendrick Arntfeldt 4T7 and her sister-in-law, Mrs. C.H. Angus, have opened a nursery school at the Angus home in Port Credit. Mary writes: "Our Nursery School is



ill in its infant stages and we hope it will live and grow. We've each had to take six weeks course (under the Institute of Child Study) and the securing of a license as TB x-ray, health examination, premises inspected by Fire Chief, building inspector, health inspector, water tested, etc., etc.. Our husbands are busy building us tables and we are madly reading, studying, observing and reporting. But it's fun." The school is called the Woodland Heights Nursery School and is situated on Stavebank Road.

Ken Jackson 4T8 has been posted to Trenton and is working with Bill Deane 4T8 in the Sports College of the R.C.A.F. there.

Kay Johnson hopes to go to the Lingiad in Sweden this summer. Kay was there for the last one in 1939. Last summer she had a very interesting experience when she taught for a month at The Children's Garden Library in Victoria. If any of our graduates, M.E.S. or S.P.H.E., would like to have a similar experience Kay will be glad to give further information about it. Her address is 33 Mayfield Avenue, Toronto.

Jane Kennedy, director of the physical education programme in the Toronto Y.W.C.A. was married on March 4th to Mr. Clifford Labbett. They will live in Toronto.

Frances Kitchen Miller, Mr. Miller and their young son, have returned to Toronto to live.

Friends of Miss Ida Landers will be sorry to hear that she has been ill for the past seven months. Her address is 1224 W. Riverside, Spokane 8, Washington. We send our best wishes for her recovery.

Bob LaRose of the Class of '49 was married on February 12th to Miss Mary Tyrwhitt of Vancouver. They are living at 43 Wineva Avenue.

Dorothy Leggett and Betty Mortimer, M.E.S. and S.P.H.E. respectively, who have been working for their M.A. at the University of Wisconsin this past year, have been appointed to the staff of Wisconsin. Congratulations.

Adrian Leitch 4T7 was married on December 14th to Miss Norville Brown, an Ontario girl who teaches in one of the public schools in Port Arthur where Adrian also teaches.

Bob McAdam 4T7 was in Ottawa recently conducting a Swimming and Water Safety Instructors' Course for Air Force personnel from across Canada. He says: "I was fortunate enough to have Bill Deane and Frank Campbell working with me (on command). What an advertisement for P. & H.E. are those two in uniform! (bathing suit or Air Force). They conducted several sessions during the week-long course and are now listed in Red Cross records as S. and W.S. Supervisors. Last month the Red Cross held in Toronto a Swimming and Water Safety Directors' Conference and I thereby had a week's visit with the Director for Nova Scotia, Mr. Henry (Hank) Kuryluk 4T4 and with the acting Director for British Columbia, Mr. Doug. Whittle 4T5. Both expressed a very active interest in the plans for an Alumni Association as do all the grads I have talked with. While in Windsor last month conducting a course, I had a short chat with Miss Mary Fitzgerald 4T7 whose first question was, "How's the Alumni Association coming?" I didn't have much of a chat with Mary whom I met on a busy Windsor thoroughfare". Bob had two of Mary's pupils in his course.

Frances McConnell was married in May 1948 to Mr. Peter Ziegler, who is studying for his doctor's degree in Chemistry at McGill. They are living at 3481 Park Avenue, Apart. 6, Montreal. Frances writes; "Since I stopped teaching at the Y.W., I have been working as a secretary for International Air Transport Association and find the work quite interesting. The membership of IATA is composed of some eighty international airlines and conferences are held from time to time in various parts of the world. I was fortunate enough to be taken to one of these conferences held a year ago in Rio de Janeiro where we stayed for a month at the Copacabana Palace Hotel, and since that time have attended several conferences held in the States."

Lew McFarland, who is on the staff of the Saskatchewan Recreation Movement, stationed at Yorkton, has been giving a course in Social Recreation for Melville and Yorkton towns.

It was nice to have a call from Margaret Nicholson a few weeks ago, when she made a flying visit to Toronto from her work with the Saskatchewan Recreation Movement.

Janeth Rutherford 4T8 was a welcome visitor at 415 last week. She is most enthusiastic about her work with the Ottawa Recreation Commission and has promised to write something about one phase of it for the fall News Letter. Janeth is connected specially with the teen-age work, chiefly as it concerns the six recreation centres in Ottawa. She spoke of Fran Lee at Lisgar Collegiate, Kay McMillan of the Y.W.C.A., Muriel Finlayson who is a technician with the Chemistry Department at the Experimental Farm, Ruth Hill at Normal, but in her spare time Girls' Sports Supervisor for Chaudiere Centre, Mike Dzipina at the Y.M.C.A. and Frank Campbell of the R.C.A.F.. Almost enough for a branch Alumni!

Friends of Sirkka Stenor Onkalo-Jensen will be sorry to hear that she has had to have an operation for a slipped cartilage in the lumbar region of the spine... Beth Thomas 4T7 was married on Feb. 12th to Mr. John H. Ratcliffe. Joan Christie 4T6 was one of Beth's bridesmaids... Born on Apr. 11th to Mr. & Mrs. Roy Harnish (Lois Creighton) a son, Clyde Eric.

Charlotte H. Layton



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